

# Menu

Cycle: 5

Monday December 4, 2023	Tuesday December 5, 2023	Wednesday December 6, 2023	Thursday December 7, 2023	Friday December 8, 2023	Saturday December 9, 2023	Sunday December 10, 2023
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## B R E A K F A S T

French Toast Canadian Bacon Applesauce Juice of Choice Milk <hr/> Cereal of Choice	Sausage Omelet Apple Cinnamon Muffin Mandarin Oranges Juice of Choice Milk <hr/> Cereal of Choice	Fried Egg Turkey Sausage Patty Toast Fresh Banana Juice of Choice Milk <hr/> Cereal of Choice	Western Scrambled Eggs Bacon Toast Fruit Cocktail Juice of Choice Milk <hr/> Cereal of Choice	Scrambled Eggs Corned Beef Hash Toast Diced Pears Juice of Choice Milk <hr/> Cereal of Choice	Hard Cooked Egg Sausage Links Cinnamon Roll Berry Cup Juice of Choice Milk <hr/> Cereal of Choice	Blueberry Pancakes Bacon Diced Peaches Juice of Choice Milk <hr/> Cereal of Choice
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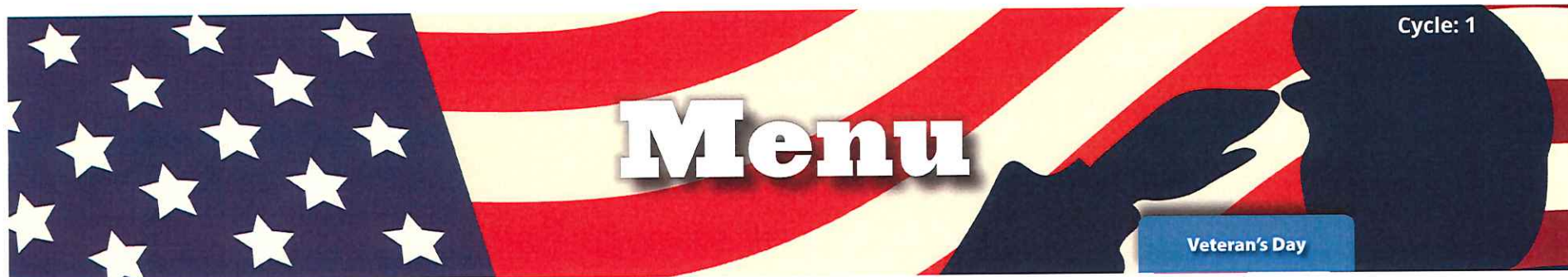
## L U N C H

Marinated Flank Steak Parmesan Basil Orzo Mixed Vegetables Lemon Cake w/ Lemon Icing Lemonade Milk	Chicken Club Wrap Minestrone Soup Chocolate Eclair Bar Lemonade Milk	Cranberry Glazed Ham Au Gratin Potatoes Greens Dinner Roll or Bread Sugar Cookie Lemonade Milk	Beef & Bean Burrito Mexican Corn Churros Lemonade Milk	Tuna Melt Peas & Carrots Boston Cream Pie Lemonade Milk	Meatballs with Sauce Spaghetti Noodles Capri Vegetable Blend Garlic Bread Blueberry Cheesecake Bar Lemonade Milk	Pot Roast with Oven Roasted Potatoes Roasted Baby Carrots Dinner Roll or Bread Fruit Crisp Lemonade Milk
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## D I N N E R

Supreme Pizza Spring Mix with Dressing Breadstick Pineapple Cream Gelatin Milk	Veal Cutlet with Mushroom Sauce Herb Buttered Linguini California Vegetable Blend Dinner Roll or Bread Modified Deluxe Fruit Salad Milk	Beef Stroganoff Egg Noodles Winter Vegetable Blend Dinner Roll or Bread Cookies & Cream Pie Milk	Lemon Pepper Turkey Roasted Sweet Potato Spinach with Garlic Dinner Roll or Bread Chocolate Chip Bread Pudding Milk	Chicken Teriyaki Pineapple Rice Pilaf Asian Vegetable Blend Dinner Roll or Bread Yellow Cupcake w/ Chocolate Frosting Milk	BBQ Pork Roast Hashbrown Casserole Cauliflower Strawberry Applesauce Milk	Chili Cheese Dog Homemade Potato Chips Tossed Salad with Dressing Mandarin Orange Delight Gelatin Milk
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Monday November 6, 2023	Tuesday November 7, 2023	Wednesday November 8, 2023	Thursday November 9, 2023	Friday November 10, 2023	Saturday November 11, 2023	Sunday November 12, 2023
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Scrambled Eggs Bacon Assorted Danish Applesauce Juice of Choice Milk <hr/> Cereal of Choice	Fried Egg Sausage Links Toast Mandarin Oranges Juice of Choice Milk <hr/> Cereal of Choice	Hard Cooked Egg Canadian Bacon Toast Fresh Banana Juice of Choice Milk <hr/> Cereal of Choice	French Toast Casserole Turkey Sausage Patty Fruit Cocktail Juice of Choice Milk <hr/> Cereal of Choice	Scrambled Eggs Breakfast Ham Toast Diced Pears Juice of Choice Milk <hr/> Cereal of Choice	Potato Omelet Coffee Cake Berry Cup Juice of Choice Milk <hr/> Cereal of Choice	Waffle Turkey Sausage Link Diced Peaches Juice of Choice Milk <hr/> Cereal of Choice
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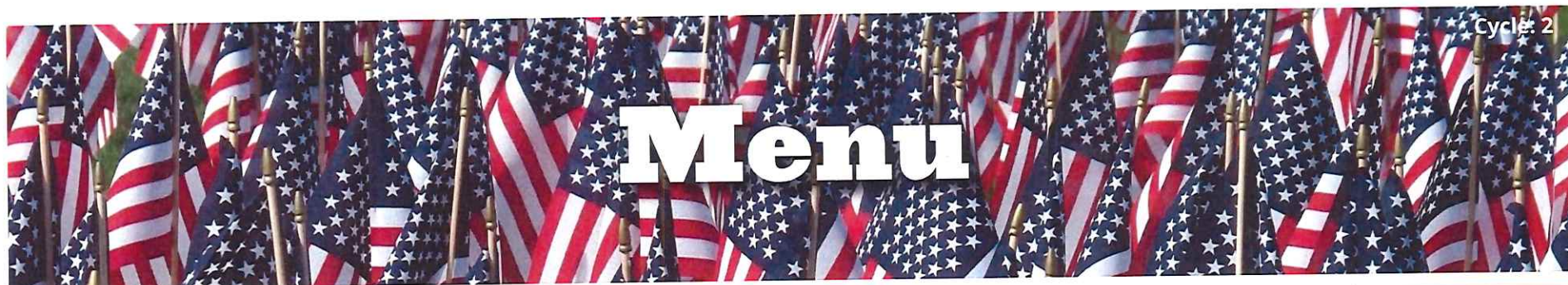
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Fried Chicken Parslied Mashed Potatoes California Vegetable Blend Dinner Roll or Bread Fruit Fling Lemonade Milk	Lasagna with Meatsauce Italian Green Beans Garlic Bread Lemon Pudding Cake Lemonade Milk	Roast Beef Au Jus Baked Potato Sour Cream Broccoli Florets Dinner Roll or Bread Peaches & Cream Gelatin Dessert Lemonade Milk	Braised Pork Tips Roasted Red Skin Potatoes Buttered Green Peas Dinner Roll or Bread Harvest Cake Lemonade Milk	Tuna Noodle Casserole Prince Edward Vegetable Blend Breadstick Strawberry Cake with Frosting Lemonade Milk	<div>           Ribeye Steak            Fried shrimp            Loaded Mashed Potatoes            Green Bean and Baby Carrot            Medley            Choice of Double Chocolate            Cake or Strawberry Shortcake  <b>SPECIAL MEAL</b> </div>	Chicken & Dumplings Peas & Carrots Dinner Roll or Bread Lime Dream Cake Lemonade Milk
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Swedish Meatballs Egg Noodles Parsley Buttered Carrots Dinner Roll or Bread Chocolate Tango Pudding Milk	Bourbon Maple Glazed Ham Corn Casserole Spinach Au Gratin Dinner Roll or Bread Cinnamon Applesauce Milk	Pizza Casserole Sicilian Vegetable Blend Marbled Cheesecake Milk	Chicken Strips Breaded Dipping Sauce Cottage Fries Italian Vegetable Blend Dinner Roll or Bread Cherry Cobbler Milk	Blue Cheese Hamburger Lettuce Tomato Onion & Pickle Sidewinder Fries Marinated Cucumber Salad Chocolate Ice Cream Milk	Pork Vegetable Stew Tossed Salad Assorted Salad Dressing Biscuit Chocolate Tart Milk	Breaded Veal Cutlet Lemon Herb Butter Sauce Sweet Potato Wedges Winter Vegetable Blend Dinner Roll or Bread Coconut Cream Pie Milk
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Monday November 13, 2023	Tuesday November 14, 2023	Wednesday November 15, 2023	Thursday November 16, 2023	Friday November 17, 2023	Saturday November 18, 2023	Sunday November 19, 2023
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Egg Bacon & Cheese Breakfast Sandwich Applesauce Juice of Choice Milk <hr/> Cereal of Choice	Sausage Gravy Scrambled Eggs Biscuit Mandarin Oranges Juice of Choice Milk <hr/> Cereal of Choice	Vegetable Omelet Sausage Patty Toast Fresh Banana Juice of Choice Milk <hr/> Cereal of Choice	Cheese Strata with Peppers Canadian Bacon Fruit Cocktail Juice of Choice Milk <hr/> Cereal of Choice	French Toast Sticks Turkey Sausage Patty Diced Pears Juice of Choice Milk <hr/> Cereal of Choice	Scrambled Eggs Bacon Assorted Danish Berry Cup Juice of Choice Milk <hr/> Cereal of Choice	Fried Egg Breakfast Ham English Muffin Diced Peaches Juice of Choice Milk <hr/> Cereal of Choice
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Steak Salad Baked Potato Sour Cream Garlic Breadstick Snickerdoodle Cookie Lemonade Milk	Marinated Pork Loin Cottage Fries Roasted Winter Vegetables Chocolate Peanut Butter Square Lemonade Milk	White Chicken Chili Sweet Potato Fries Asparagus Garlic Bread Ambrosia Lemonade Milk	Hot Roast Beef & Swiss Cheese Onion Roll Horseradish Dijon Sauce Garlic Mashed Potatoes Steamed Broccoli with Lemon Cinnamon Baked Apples Lemonade Milk	Breaded Fish with Cheese on a Bun Broccoli Cheese Soup Calico Coleslaw Assorted Ice Cream Lemonade Milk	Cranberry Orange Chicken Roasted Sweet Potato Brussels Sprouts Medley Dinner Roll or Bread Blonde Brownie Lemonade Milk	Kielbasa Sausage Pierogies Sauerkraut Dinner Roll or Bread Fantasy Fruit Lemonade Milk
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Turkey Tetrazzini Sliced Beets Dinner Roll or Bread Pumpkin Mousse Milk	Beef Pot Pie Lemon Rocket Salad w/ Dressing Peach Cobbler Milk	Salisbury Steak Butter Herbed Noodles Spinach Dinner Roll or Bread Marble Cheesecake Brownie Milk	Sliced Baked Ham Macaroni & Cheese Peas & Mushrooms Dinner Roll or Bread Butterscotch Pudding Parfait Milk	Chicken Stir Fry with Vegetables Rice Vegetable Spring Rolls Cherry Pineapple Gelatin Milk	Thin Crust Cheese Pizza Tossed Salad with Dressing Breadstick Peanut Butter Cookie Milk	Deli Sandwich Wild Rice & Chicken Soup Stewed Tomato Salad Rainbow Cake Milk
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Cycle: 3

# Menu

Thanksgiving Day


**Monday**  
November 20, 2023

**Tuesday**  
November 21, 2023

**Wednesday**  
November 22, 2023

**Thursday**  
November 23, 2023

**Friday**  
November 24, 2023

**Saturday**  
November 25, 2023

**Sunday**  
November 26, 2023

## B R E A K F A S T

Ham & Cheese Frittata  
Toast  
Applesauce  
Juice of Choice  
Milk

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Cereal of Choice

Apple Pancakes  
Sausage Links  
Mandarin Oranges  
Juice of Choice  
Milk

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Cereal of Choice

Breakfast Sausage Burrito  
Fresh Banana  
Juice of Choice  
Milk

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Cereal of Choice

Cinnamon French Toast  
Turkey Sausage Patty  
Fruit Cocktail  
Juice of Choice  
Milk

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Cereal of Choice

Western Omelet  
Toast  
Diced Pears  
Juice of Choice  
Milk

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Cereal of Choice

Fried Egg  
Canadian Bacon  
English Muffin  
Berry Cup  
Juice of Choice  
Milk

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Cereal of Choice

Egg & Cheese on  
Bacon  
Croissant  
Diced Peaches  
Juice of Choice  
Milk

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Cereal of Choice

## L U N C H

Supreme Pizza  
Caesar Salad  
7-Up Cake  
Lemonade  
Milk

Gyro  
Tzatziki  
Greek Pasta Salad  
Rice Pudding  
Lemonade  
Milk

Pork Medallions  
Oven Roasted Potatoes  
Dilled Baby Carrots  
Dinner Roll or Bread  
Blonde Brownie  
Lemonade  
Milk

Roasted Turkey  
Mashed Potatoes & Gravy  
Green Bean Casserole  
Sweet Potatoes  
Pumpkin Pie

SPECIAL MEAL

Mushroom & Swiss Cheese  
Hamburger  
Lettuce Tomato and Onion  
Delmonico Potatoes  
Three Bean Salad  
Rocky Road Pudding  
Lemonade  
Milk

Baked Ziti with Meatsauce  
Tossed Salad with Dressing  
Breadstick  
Lemon Bar  
Lemonade  
Milk

Meatloaf  
Brown Gravy  
Garlic Mashed Potatoes  
Italian Vegetable Blend  
Dinner Roll or Bread  
Cranberry Velvet Gelatin  
Dessert  
Lemonade  
Milk

## D I N N E R

Honey Glazed Turkey  
Sweet Potato Wedges  
Mixed Vegetables  
Dinner Roll or Bread  
Caramel Apple Cake  
Milk

Chicken Pot Pie  
Stewed Tomatoes  
Chocolate Raspberry Bar  
Milk

Chicken Salad Sandwich  
French Onion Soup  
Capri Vegetable Blend  
Lemon Pudding Tart  
Milk

Beef Soft Tacos  
Spanish Rice  
Black Bean Salad  
Key Lime Pie  
Milk

Fried Popcorn Shrimp  
Cocktail Sauce  
Crinkle Cut Fries  
Baked Beans  
Cinnamon Crispies Cookie  
Milk

Ham & Cheese on a  
Croissant  
Chicken Noodle Soup  
Roasted Asparagus  
Cinnamon Baked Apples  
Milk

Grilled Two Cheese  
Sandwich  
Cream of Tomato Soup  
Caribbean Vegetable Blend  
Chocolate Chip Cookie  
Milk



# Menu

**Monday**  
November 27, 2023

**Tuesday**  
November 28, 2023

**Wednesday**  
November 29, 2023

**Thursday**  
November 30, 2023

**Friday**  
December 1, 2023

**Saturday**  
December 2, 2023

**Sunday**  
December 3, 2023

## B R E A K F A S T

Egg & Canadian Bacon  
Breakfast Sandwich  
Applesauce  
Juice of Choice  
Milk  
Cereal of Choice

Scrambled Eggs  
Sausage Links  
Toast  
Mandarin Oranges  
Juice of Choice  
Milk  
Cereal of Choice

Denver Omelet  
Toast  
Fresh Banana  
Juice of Choice  
Milk  
Cereal of Choice

Pancakes  
Turkey Sausage Patty  
Fruit Cocktail  
Juice of Choice  
Milk  
Cereal of Choice

Huevos Rancheros  
Hashbrown Patty  
Diced Pears  
Juice of Choice  
Milk  
Cereal of Choice

Scrambled Egg with Onions  
Bacon  
Assorted Danish  
Berry Cup  
Juice of Choice  
Milk  
Cereal of Choice

Waffle with Strawberries  
Turkey Sausage Link  
Diced Peaches  
Juice of Choice  
Milk  
Cereal of Choice

## L U N C H

Rancher's Chicken  
Duchess Potatoes  
Normandy Vegetable Blend  
Dinner Roll or Bread  
Chocolate Mousse  
Lemonade  
Milk

BBQ Beef Brisket  
Mashed Sweet Potato  
Broccoli & Cauliflower  
Dinner Roll or Bread  
Sugar Cookie  
Lemonade  
Milk

Italian Sausage on a Bun  
Tater Tots  
Buttered Green Beans  
Chocolate Chip Bar  
Lemonade  
Milk

Beef Chili with Beans  
Tossed Salad with Dressing  
Cornbread  
S'more Pudding Parfait  
Lemonade  
Milk

Apple Ginger Pork Chop  
Parslied New Potatoes  
Spinach with Mushrooms  
Dinner Roll or Bread  
Cinnamon Applesauce  
Lemonade  
Milk

Cheese Ravioli Casserole  
Lemony Rocket Salad w/  
Dressing  
Garlic Bread  
Italian Ice  
Lemonade  
Milk

Marinated Chicken  
Baked Sweet Potato with  
Cinnamon Butter  
Cream Cheese Corn  
Dinner Roll or Bread  
Apple Betty  
Lemonade  
Milk

## D I N N E R

Hawaiian Ham  
Hashbrown Casserole  
Zucchini & Onions  
Dinner Roll or Bread  
Margarita Cake  
Milk

Turkey Teriyaki  
Pineapple Rice Pilaf  
Honey Ginger Baby Carrots  
Dinner Roll or Bread  
Strawberry Delight Gelatin  
Milk

Chicken Alfredo with  
Fettuccine Noodles  
Capri Vegetable Blend  
Breadstick  
Pineapple Dream  
Milk

Sweet & Sour Pork  
Steamed Rice  
Asian Vegetable Blend  
Dinner Roll or Bread  
Peach Crisp  
Milk

Beer Battered Fish  
Steak Fries  
Creamy Coleslaw  
Dinner Roll or Bread  
Chocolate Brownie  
Milk

Sloppy Joe on a Bun  
Onion Rings  
Green Peas w/ Red Peppers  
Gelatin Jewels  
Milk

Ham & Pea Tortellini  
Baby Carrots  
Dinner Roll or Bread  
Assorted Ice Cream  
Milk

## D I N N E R